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AUTHOR Maufas, Luther A.
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ABSTRACT

The grade 8 curriculum guide contains four lessons covering the career preparation knowledge, skills, and self-knowledge domains and is designed to introduce students to careers in physical education. Each lesson includes a goal, performance objective, activities and outcome measure. The overall goal is for the students to acquire knowledge of specific career opportunities in physical education. The materials section provides testing ideas, and the following sections list college programs for physical education and other majors (business education, special education, history, English, and sociology) and provide occupational fact sheets for the lessons on various related careers (journalism and public relations, health, sporting goods salesmen, coaching, professional athlete, and recreation director). Lists of associations and periodicals complete the document. (JB)

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Grade 8 Daily P.E.

CAREER DEVELOPMENT PROJECT

CE003865

U. City, Mo. School District

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A CAREER IN PHYSICAL EDUCATION:

GRADE 8 DAILY PHYSICAL EDUCATION

June, 1972
Luther A. Maufas
Hanley Junior High School

Career Preparation Knowledge and Skills Domain

Goal: For students to acquire knowledge of career opportunities which might be chosen with a Physical Education background.

Performance Objective: Each student will increase his knowledge of career fields and opportunities in each field as demonstrated by a test.

Activities:

A. Presentation of "fact sheets" about the following career fields with a Physical Education background. (Fact sheets included in "Materials" section of this document.)

1. Journalism and Public Relations
2. Merchandising
   a. Salesman
   b. Store owner
3. Professional Athlete
4. Health
   a. Physical therapist
5. Coaching
6. Recreational Director
   a. School
   b. Clubs
   c. Penal Institution
   d. Y.M.C.A. (Young Men's Christian Association)

B. Presentation of Guest Speakers:

1. Recreation Director
   a. City
   b. School
2. Professional Athlete
3. Physical therapist
4. Sports writer
5. Sporting Goods proprietor
6. Coach
7. Penal Institution Athletic Director

Outcome Measure: Written test of knowledge of career fields and opportunities

Career Preparation Knowledge and Skills Domain

Goal: For students to acquire knowledge of training requirements, training opportunities and organization of persons in the careers.

Performance Objectives: Each student will be able to recognize a college Physical Education curriculum, as demonstrated bya sorting test.

Each student will be able to list six colleges or universities which offer training in Physical Education.

Each student will be able to list five organizations of persons in a Physical Education or Physical Education related career.

Activities:

A. Presentation of a sample Physical Education program in college. (Sample programs included in "Materials" section of this document.)

B. Presentation of colleges and universities in Missouri and Illinois that offer a Physical Education program. (List of area colleges and universities included in "Materials" section of this document.)

1. Have college bulletins available

C. Presentation of Physical Education related organizations (List of organizations included in "Materials" section of this document.)

1. Presentation of Physical Education periodicals

Outcome Measures:

1. Each student will be able to choose a Physical Education curriculum from a number of other college curriculums, such as English and Social Studies.

2. Each student will be able to list six colleges or universities which offer training in Physical Education.

3. Each student will be able to list five organizations of a person in a Physical Education and Physical Education related career.

Self Knowledge Domain

Goal: For students to evaluate their own personal characteristics which may qualify them for a Physical Education related career.

Performance Objective: Each student will be able to list five of his interests in Physical Education and five of his personal abilities which facilitate his performance in Physical Education.

Activities:

A. General introduction to self-appraisal as a guide in choosing a career

B. Students will list personal characteristics which may qualify them for a Physical Education related career.

Outcome Measure: Students' lists

Career Preparation Knowledge and Skills Domain

Goal: For students to acquire a knowledge of qualifications that are essential for success in Physical Education related career.

Performance Objectives: Each student will compare the list of his own personal characteristics to the list below.

Activities:

A. Presentation of qualifications that are essential for success in Physical Education related career.

1. Good health, strong body, and a great amount of vitality

2. Ability to work with people

a. Have a genuine concern for the people who he is working with. He should be able to help those who are not as capable as others and should have patience with the people who are involved.

b. Have a good sense of humor, which permits him to joke and be joked about and still get the job done.

c. A high degree of leadership

(1) Be able to direct and help people in a friendly but firm manner

(2) Be able to have people look upon him as a leader and not a dictator

B. Students will compare their own characteristics to those presented above.

Outcome Measure: Comparisons of personal characteristics with characteristics above.

Materials

TEST

Pre-Test

Students list all careers with background in Physical Education that they can think of

Post-Test

Students list all careers with background in Physical Education that they can think of

College Programs for Physical Education and other Majors

Schools in Missouri offering Training in Physical Education

Central Missouri State College	Warrensburg, Missouri
Drury College	Springfield, Missouri
Lindenwood College	St. Charles, Missouri
North East Missouri State College	Kirksville, Missouri
North West Missouri State College	Maryville, Missouri
South West Missouri State College	Springfield, Missouri
South East Missouri State College	Cape Girardeau, Missouri
University of Missouri College	Columbia, Missouri
Washington University College	St. Louis, Missouri

Business Education Program

I. General Education requirements

II. Major requirements

Intermediate Algebra

Economics I, II

Accounting I, II

Personal Management

Retailing

Statistics

Business Cycles

Price Theory

Business Math

Trigonometry

Marketing

Industrial Relations

Banking

Special Education

I. General Education requirements

II. Major requirements

Introduction to Special Education

Mental Hygiene

Teaching Math

The Physical Handicapped

Speech Correction

Student Teaching

Teaching the Mentally Retarded

Psychology of Childhood & Adolescence

Teaching in the Elementary Schools

The Gifted Child

Numbers System

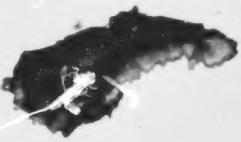
History

I. General education requirements

II. Major requirements selected from the following:

American Civilization

Topics in Western Civiliz



Race

Asian Civilization

Black History in U.S.

Latin American Civilization

History of Spain

Modern China

Europe in 18th Century

Age of Reformation

Ancient & Near East

Age of Renaissance

European Intellectual History

U.S. History

Constitutional History of U.S.

American Urban History

Growth of American Economy

The City

Contemporary Europe

Modern Japan

Modern France

History of Science

College Program - Physical Education Major

I. General Education requirements

II. Major requirements

Human Physiology
Genetics
Skill Courses in Basketball, Swimming, Dance, Fall
Human Development
Anatomy, Kinesiology
Teaching Sports
Teaching Gymnastics
Physical Education for Children
Skill Courses in Badminton, Folk Dancing, Archery, Intramurals
Psychology
Health
Camping
First Aid
History of Education
Skill Courses in Volleyball, Gymanstics, Dance, Wrestling, Baseball
Supervision
Community Leadership
Health Education
Organization & Administration of Physical Education
Student Teaching
Principles of Physical Education
Teaching Dance
Skill Courses in Track & Field, Handball

English Program

I. General education requirements

II. Major requirements

American Literature

English Composition

Linguistics

English Grammar

Short Story Writers

Poetry Writing

Commercial Writing

Literary Types

Modern Poetry

Shakespearean Works

Sociology Program

I. General education requirements

II. Major requirements selected from the following:

Introduction to Sociology
Sociological Inquiry
Group Prejudice & Minority Identity
The Cry
Development of Social Thought
Social Issues & Community Organizations
Social Psychology
Sociology of Deviant Behavior
Juvenile Delinquency
Sociology of the Family
Political Sociology
Formal Organizations
Sociology of Education
Sociology of Law
Occupational Sociology
Sociology of Minority Groups
Social Stratification
Criminology
Urban Sociology
Problems of Urban Community
Industrial Sociology
Personality & Culture
Advanced Social Psychology
Advanced Principles of Sociology

Fact Sheets

A. Sports Writers

The sports writer accepts responsibility for getting facts correct. Sports writers enjoy what an outsider always envies - an insider's peek at persons moulding the news. The work is interesting and varied, involving a lot of traveling.

Most sports writers go on to higher paying jobs. The average writer gets about $250 a week.

B. Sports Columnist

The job of writing a sports column permits as much latitude as any on a newspaper. The man with the brightest style usually is tapped.

The feeling of a sports columnist is adequate. It must be noted that less than 1/2 of U.S. newspapers have a pension plan. Only 2 newspapers in New York have pension plans; the rest depend on a city-wide Newspaper Guild which provides $50 a month after 65. A person enters this field because of interest, not money.

C. Publicity Work

A sports publicity role is a lively, challenging job. All publicity jobs require an ability to remain unrattled under a number of detailed tasks.

The salary has risen in a dramatic fashion. For example in 10 years the rate of payment for a football publicity man has doubled to an average $15,000.

D. Sports Announcer

Sports announcers must be skilled in public speaking. Announcers must be free to travel with a team or with several teams.

The ranges of salaries for announcers is a wide one. The smaller the community, the smaller the salary and vice-versa. The average weekly earnings is $115 in radio and $175 in television.

Salaries average $50,000 base pay in heavy saturated areas. There are some who make around $100,000 with supplements provided by commericals, endorsements, and other sources.

The prospect for entry employment into announcing during the coming year is only moderately good. Competition for new jobs is keen. There is a slightly better chance of working in radio than in television.

Pay scales for a person in a health career differ considerable, depending on geographical locations. Salaries are greater in larger metropolitan areas. Working conditions are usually quite pleasant. Suitable positions are available in whatever part of the country one chooses to live.

Physical Therapists

The physical therapists work is designed to help those who have been incapacitated by accidents, illness, or birth defects to achieve or return to as normal body function as possible.

Much of the advancement made by the therapists is in salary scales. The average yearly salary of the beginning therapists is $8,000. The therapist who has acquired several years of experience earn from $10,000 to $14,000.

The average physical therapist works about 40 hours a week with excellent working conditions. Almost all therapists receive 2 weeks or longer vacations along with other fringe benefits.

During the 1970's and early 1980's there will be an enormous demand for physical therapists. At the present time there are vacancies listed for thousands of jobs in this field.

Sporting Goods Salesmen

Salesmen often work long and irregular hours. Some salesmen have large territories. They must do a lot of traveling. In early years the salesman may find himself transferred frequently by his company. Because of the transfer, a married man may find this disrupts his homelife.

Beginning salaries for inexperienced salesmen range from $8500 to $9500 per year in many medium and large size companies. A good salesman with 5-10 years experience receives from $17,000 to $25,000 a year. Outstanding salesmen may earn up to $40,000 a year.

In addition to salary, there is usually an expense account.

The salesman usually receives 2-4 weeks vacation. Also offered by many companies are retirement income, sick leave, medical insurance and other benefits.

The long-range demand for manufactures salesmen appears good.

Successful salesmen frequently open their own business firms. The potential for income covers a wider range. The demands upon the store owner are greater and the opportunity for failure is greater. Store owners become their own bosses and have a greater control over their own activities. Some background of management training usually is required for success. The store owner assumes full responsibility for the success of his effort and must be willing to spend long hours of hard work.

Coaching

The coaching aspect of sports is a broad one. There is no limit to how long a man can coach, although most institutions have a retirement age of 65. At the same time, professional football unquestionably is looking toward younger men only a few years out of the playing rank to fill head-coaching jobs.

There are several levels of coaching: Little leagues (Khoury league) usually involves no money; it is a volunteer job. Then there is the high school coach where there is a salary, but usually it is small. A high school coach can look forward to satisfaction through sending players on to become collegiate and professional stars. Next there is the collegiate coach. It is at this level when the salary is good, especially, at the larger universities. The coaches are usually hired to work only one sport. Besides salary the coaches often get a number of fringe benefits. At the top level is the professional coach. Here is where the money is for top-flight coaches. Along with the good salary there are also many fringe benefits. Although the money is good at this level, the headaches are greater. If a professional coach fails to produce a winning team after a certain time, he is usually fired.

Salaries for coaches are of a wide range; with the biggest salaries existing where the premium is winning in the heaviest--the big game operations in college and the pros.

The outlook for coaches is uncertain; but as long as there are sports, there will be coaches.

Professional Athlete

The young man who pursues the life of a professional athlete has a chance to earn a lucrative living in a high prestige field. It is so lucrative and it carries with it such prestige that many try, but only a few succeed. Even those who do succeed are never safe. It is the nature of physical talent to run the risk of being stricken down by injury or ailment at any time.

The working hours are another significant point. Most jobs fall in the scheme of 9:00 A.M. - 5:00 P.M. with Saturday and Sunday off. However, most athletes do not have these hours.

Eight points in favor of a career as a professional athlete are the following:

1. The ability to get ahead fast
2. A public eye
3. Good pay for what millions do for fun
4. Sports career and education too
5. Travel free and meet people
6. Springboard to another career
7. Security of a guaranteed income for early retirement
8. Healthful life

The salary covers a wide range, up to a top of $150,000 a year along with many fringe benefits.

The playing time of a pro is usually not long. It varies with the different sports. After the playing years are over the athlete usually can find a job in sports, such as a coach, scout, sports caster and publicity man.

Recreation Director

The field of recreation offers a pleasant, friendly atmosphere because participants are doing what they enjoy doing. A recreation worker's work week is 40 hours although some work 50 hours or more. A person entering the recreation field should expect some night work and irregular hours. Most public and private recreation agencies provide for 2-4 weeks vacation and other fringe benefits as sick leave and hospital insurance.

Salary scales in recreation have been increasing steadily, until they now compare favorably with salaries in comparable positions. The demand for well-trained persons in recreation greatly exceeds the supply and salaries benefit accordingly.

Training, years of experience, geographical location and size of hiring organization all help determine salary. Generally beginning salaries for those with a bachelors degree are $5,500 to $6,500 per year. The beginner with an advanced degree can earn about $900 more a year. Supervisors can earn from $7,000 to $9,500 and executives from $12,000 to $17,000. Some positions pay as much as $23,000.

By 1980 total employment of public recreation areas is expected to reach about 1.4 million--an increase of more than 750,000 new jobs 1960.

Associations for Persons with Physical Education Backgrounds

American Association for Health, Physical Education & Recreation

American Physical Therapy Association

American School Health Association

Association for Physical & Mental Rehabilitation

Boys Clubs of America

National Council of Y.M.C.A.

National Y.M.C.A. Physical Education Society of North America

Society of State Directors of Health, Physical Education & Recreation

Periodicals Associated with Careers in Physical Education

American Journal of Public Health & National Health

Athletic Journal

American Journal of Hygiene

Camping Magazine

Industrial Sports & Recreation

Journal of Physical Education

Physical Therapy Review

Recreation

Scholastic Coach

Youth Leader Digest